



**For Immediate Release:**

**Contact:**

Dawn M. Robért, Investor Relations  
Galaxy Nutritional Foods, Inc.  
(407) 854-0433

**Galaxy Nutritional Foods Schedules 3rd Quarter Earnings Conference Call  
for Monday, February 14, 2005**

ORLANDO, Fla., Feb. 8 /PRNewswire-FirstCall/ - Galaxy Nutritional Foods (Amex: GXY), a leading producer of nutritious plant-based dairy alternatives for the retail and foodservice markets, today announced that executives will host an investor conference call to discuss operating results for the third quarter of FY2005, which ended December 31, 2004. The Company plans to report its third quarter earnings on Monday morning, February 14, 2005 and will host an investor conference call at 11:00 a.m. Eastern time the same day. Shareholders and other interested parties may participate in the conference call by dialing **800-500-0311** (international/local participants dial **719-457-2698**), a few minutes before 11:00 am EST on February 14, 2005. The call will also be broadcast live on the Internet at <http://phx.corporate-ir.net/playerlink.zhtml?c=102653&s=wm&e=1015145> . The call will be archived on the Internet through May 14, 2005 at <http://phx.corporate-ir.net/playerlink.zhtml?c=102653&s=wm&e=1015145> .

**About Galaxy Nutritional Foods, Inc.**

Galaxy Nutritional Foods(R) is the leading producer of health-promoting plant-based dairy and dairy-related alternatives for the retail and foodservice markets. An exclusive, new and technologically advanced, safer "hot process" is used to produce these phytonutrient-enriched products, made from nature's best grains -- soy, rice and oats. Veggie products are low-fat and fat-free (saturated fat- and trans-fatty acid-free), cholesterol- and lactose-free, are growth hormone- and antibiotic-free, and have more calcium, vitamins and other minerals than conventional dairy products. Because they are made with plant proteins, the products are more environmentally friendly and economically efficient than dairy products derived solely from animal proteins. Galaxy's products are part of the healthy and natural foods category, the fastest growing segment of the retail food market. Galaxy brand names include: Galaxy Nutritional Foods(R); Veggie(R); Nature's Alternative(TM); Veggie Lite Bakery(TM); Veggie Cafe; Soyco(R); Soymage(R); Wholesome Valley(R); Lite Bakery(R); and formagg(R). For more information, please visit Galaxy's website at: <http://www.galaxyfoods.com>.

#####